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# SHOOT THE DAMN DOG: A MEMOIR OF DEPRESSION



Bloomsbury Publishing PLC. Paperback. Book Condition: new. BRAND NEW, Shoot the Damn Dog: A Memoir of Depression, Sally Brampton, "Shoot the Damn Dog" blasts the stigma of depression as a character flaw and confronts the illness Winston Churchill called 'the black dog', a condition that humiliates, punishes and isolates its sufferers. It is a personal account of a journey through (and out of) severe depression, as well as being a practical book, offering ideas about what might help. With its...

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- Authored by Sally Brampton
- · Released at -



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