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THE DEPRESSION CURE: THE 11-STEP PROGRAM TO NATURALLY BEAT DEPRESSION FOR LIFE (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Does your life feel like a quiet despair, a downward spiral with no light at the end of the tunnel? Do you feel lonely, blasé, and unenthusiastic about life? If so, you are definitely not alone. In the past few years, depression rates have skyrocketed, and research suggests that one in four Americans will suffer from...

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- Authored by Tai Morello
- Released at 2016



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