# Forty Days to Breakthrough: How to Move from Simply Existing to Living a Life of Meaning and Purpose. (Paperback)



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### Reviews

This ebook will not be effortless to get going on studying but very enjoyable to learn. Of course, it can be play, still an amazing and interesting literature. Your daily life period will probably be enhance once you complete looking at this book.

(Mr. Osborne Homenick)

## FORTY DAYS TO BREAKTHROUGH: HOW TO MOVE FROM SIMPLY EXISTING TO LIVING A LIFE OF MEANING AND PURPOSE. (PAPERBACK)



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Balboa Press Australia, United States, 2014. Paperback. Book Condition: New. 224 x 152 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Are you feeling stuck and unsure of your next move? Are you weighed down by life s burdens and perhaps even struggling with depression? Do you want to be free from guilt, shame and the painful experiences in your past? Do you ask questions like What is my purpose? or Why am I here? In Forty Days to Breakthrough, author Skye McKenzie offers a forty-day program to help you discover the answers to these questions and many more. She reveals lessons she has learned and shares practical advice on how to listen to your intuition and connect with God to create a unique plan for your life. Based on Skye s personal forty-day journey of seeking God and wrestling with him, this easy-to-apply book provides a daily plan of intentional journaling, prayer, and meditation for a period of forty days. Forty Days to Breakthrough presents an engaging program that will help you to: Create an individual plan that will give you meaning and purpose to your everyday life. Accept who you are as God s unique creation and discover your unique reason for being. Value adversity, recognising that every difficult situation is an opportunity to grow. Learn the truth about love, pride and intimacy, and how to apply this wisdom to living a happier, more satisfying life. Life is too short for anyone to be miserable and confused! Take the forty day challenge today and break through the barriers that have been holding you back.

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