



Osteoarthritis Treatment Prevention: Authentic Medical Facts for Patients (Paperback)

By Dr a Mitra MD

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Osteoarthritis Treatment Prevention: Authentic Medical Facts for Patients written by Dr A Mitra, MBBS, MD. Based on current Scientific evidence-based Medical Knowledge about Osteoarthritis (also commonly known as Arthritis). Simple language (without using any medical jargon) based answers to the common questions asked by every patient. The book covers issues related to treatment with Pain Relief Medications, Non-medication treatments, Alternative therapies including Diet Vitamins, Surgical treatments, Pain Relief Aids, as well as Prevention of Osteoarthritis. The Content Includes: What is Osteoarthritis (OA)? How does OA develop? Which joints are involved by OA? How long does OA last? What types of OA are there? What are the common symptoms of OA? What happens over time with OA? What are the Risk Factors for OA? How is OA diagnosed? What is the course of OA? How is OA treated? Which treatment is best for OA? How can you treat OA without medications? What is the role of Rest in treatment of OA? How does weight reduction help in OA? How does Exercise help in OA? What are Orthoses? What types...



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