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HOMEOPATIA Y PSIQUE: Trastornos psico-emocionales. Diagnóstico y tratamiento

By Carmen López Sales

Vedrá, España, 2011. Encuadernación de tapa blanda. Book Condition: Nuevo. 22x15cm. La Homeopatía es una terapéutica de estimable ayuda en una serie de procesos, fronterizos entre lo psicológico y lo psiquiátrico, que aporta al individuo una mayor calidad de vida, tanto física como mental. Cualquier trastorno psico-emocional puede tener su origen en la resistencia al cambio, puesto que el proce de la salud está inevitablemente vinculado a la aceptación de esa constante metamorfosis que es la vida, plagada de incertidumbre. Somos seres en tránsito con una multi-personalidad potencial, cambiante según el entorno, y cuyas diversas facetas emergerán ocasionalmente, adquiriendo jerarquías en función de los acontecimientos. Si ponemos frenos a ese inevitable continuum, podemos quedar ¿fijados¿ en una serie de trastornos emocionales que acabarán derivando en una enfermedad física o mental. En este nuevo libro, la autora nos invita a hacer una reflexión sobre la dualidad en la que el ser humano vive y convive con su entorno, desglosándolo en dos apartados: una primera parte que se refiere al proceso creativo, y de qué manera vivimos las relaciones, así como las herramientas necesarias para optimizar nuestras vidas; y una segunda parte que abarca distintos trastornos psicológicos y los remedios homeopáticos indicados...



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